

CURRICULUM VITAE

FARSHID SAM RAHBAR, M.D., FACP, ABIHM

Board Certified in Internal Medicine & Gastroenterology

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EDUCATION

Medical School Doctor of Medicine
1971-1978 University of Tehran, Iran.

Internship Surgical Residency
9/78-6/79 New Rochelle Medical Center. New Rochelle, NY.

Residency Internal Medicine
7/79-6/82 St. Mary's Hospital. Rochester, NY.

Fellowships Gastroenterology and Nutrition
7/83-6/85 Loma Linda University, Medical Center;
Veterans Administration Hospital. Loma Linda, CA.

HONORS & AWARDS

Award for top 1% performance, Medical School.

CERTIFICATIONS

American Board of Internal Medicine (ABIM)
American Board of Gastroenterology
Meets Maintenance of Certification, MOC
American Board of Integrative Holistic Medicine (ABIHM)
American Board of Anti-Aging, Regenerative and Functional Medicine (A4M)
Fellowship Trained, Functional Medicine
Educational Commission for Foreign Medical Graduates (ECFMG)
Federal Licensing Examination (FLEX)
Qualified Medical Evaluator (QME), 1994--2001

PROFESSIONAL AND SOCIETY MEMBERSHIP

American College of Physicians, Fellow, FACP
American Society for Gastrointestinal Endoscopy (ASGE)
American Gastroenterological Association (AGA)
American Society for Parenteral & Enteral Nutrition (ASPEN)
American Academy of Anti-Aging Medicine (A4M)
American Board of Integrative Holistic Medicine (ABIHM)
Southern California Society for Gastrointestinal Endoscopy (SCSGE)
Institute for Functional Medicine (IFM)

TEACHING & ACADEMIC APPOINTMENTS

1985 – 1991 Clinical Instructor in Medicine. Loma Linda University.

1991 – 2005 Teaching attending for Metabolic Support Team (MST)
Cedars-Sinai Medical Center

1989 – Current Teaching attending for GI Endoscopy Rounds & GI Clinic
Cedars-Sinai Medical Center

HOSPITAL APPOINTMENTS AND COMMITTEE MEMBERSHIPS

1997 – 2006	Research Committee Investigational Review Board Century City Hospital, Los Angeles
1993 – 1995	Chief of Gastroenterology Century City Hospital, Los Angeles
1991 – 1995	Member of Department of Medicine Committee Century City Hospital, Los Angeles
1991 – 1994 2000 – 2001	Member of Nutrition Advisory Committee Cedars-Sinai Medical Center
1990 – 2006	Advisor to Nutrition Department Century City Hospital, Los Angeles
1985 – 1986	Member, Nutrition Advisory Committee Loma Linda University Medical Center
2015 – 2017	International Lyme and Associated Diseases Society (ILADS) Member of the Board and Educational Committee

CLINICAL PRACTICE AND SPECIAL INTERESTS

In private practice since 1986 in Century City, Beverly Hills

- Consultative Gastroenterology
- Internal Medicine
- Liver Disease and Inflammatory Bowel Disease (IBD)
- Clinical Nutrition
- Occupational and Environmental Illnesses in relation to GI illness
- Lyme & Tick Borne Diseases
- Preventive & Functional Medicine
- Toxic Exposure and effects on the GI system
- Medical-Legal Services, AME
- Clinical Research

HOSPITAL AFFILIATION

Cedars-Sinai Medical Center, Los Angeles

PUBLICATIONS

Nutrition Notes, “Guidelines for the Use of TPN in Cancer Patients.” A publication of Cedars-Sinai Medical Center, December, 1995.

MEDICAL PRESENTATIONS

- NUNM (formerly NCNM) Annual SIBO Conference June 2016, GI Manifestations and Pattern Recognition in Lyme and Common Tick-Borne Illnesses
- ILADS Annual Scientific Conference October 2015, Plenary Session, GI Manifestations and Treatment Options in Lyme and Common Co-Infections, Ft. Lauderdale, FL
- SIBO Conference, June 2015: Brief presentation on “Difficult to treat SIBO”, Portland, Oregon.
- ILADS Conference, May 2015: “Manifestations and Management of GI Disorders in Lyme and Common Co-Infections”, Augsburg, Germany.
- UCLA Presentation to Pre-Med Students, February 2015: “Whole-Person Approach to Digestive Care”

- Academy of Persian Physicians, June 2013: “The Role of Intestinal Infections in Digestive Symptoms, Auto Immunity & Food Sensitivities. A Holistic Approach.”
- Iranian Medical Society Presentation at UCLA Faculty Center, March 2013: “Intestinal Permeability, The Role of Infections & Food Sensitivities.”
- Roundtable presentations on Reflux (GERD), IBS, H. Pylori, Los Angeles 2001, 2002,2003
- Advances in diagnostic & therapeutic colonoscopy, CME, Queen of Angels Med. Center, Los Angeles 2001
- New Advances in Acid-Peptic Disorders, roundtable presentation, Los Angeles 1999
- Century City Hospital – Weekly cancer conference (frequent presentation of case studies), current.
- Cedars-Sinai Medical Center – (Informal) Case presentations at weekly Inflammatory Bowel Disease Conference and Hepatology Conference, 1995 – 2015
- Review and update on Helicobacter Pylori, Academy of Persian Physicians, Santa Barbara, CA, 1998.
- A Symposium on Surgical and Medical Malpractice, Los Angeles, 1998.
- Gastroesophageal Reflux Disease (GERD), New Therapies, Los Angeles, 1997.
- An Overview of Digestive Disorders, Los Angeles Rotary Club, 1997.
- Gastroesophageal Reflux Disease (GERD), A Forum on Complications. Los Angeles, 1997.
- New therapies for Duodenal Ulcer Disease, Academy of Persian Physicians, Palm Springs, CA, 1996.
- Guidelines for the use of TPN in Cancer Patients. Cedars-Sinai Medical Center, Metabolic Support Team (MST), 1995.Update on Peptic Ulcer Disease. Iranian Medical Society, CME presentation, 1995.
- Trace Elements and TPN. Cedars-Sinai Medical Center, Medical Grand Rounds, 1991.
- Medical Treatment of Gallstones. Iranian Medical Society, CME presentation, 1990-91.
- Methods for Nutritional Assessment. Century City Hospital CME presentation, 1988.
- Management of GI bleeding, Century City Hospital 1987.

Loma Linda University (1983-1986)

- Upper GI Bleeding, Aortic Aneurysm and Other Causes
- Liver Disease in Pregnancy
- Gastric Lymphoma
- Bacterial Overgrowth in Elderly
- Portal Hypertension
- Management of Perianal Crohn’s Disease
- Nutritional Assessment
- Scleroderma and the Gut
- Unusual Causes of Extrahapatic Biliary Disease
- Diarrhea in Immune-Compromised Host
- Primary Sclerosing Cholangitis, PSC
- Hepatitis B, Biology and Treatment
- Journal Club Presentations

CIVIC ACTIVITIES: MEDICAL & NON-MEDICAL LECTURES

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| 2017 | Podcast with Dr. Nirala Jacobi MD (Australia) on SIBO and Lyme & Mold Illness |
| 2016 | Podcast with Dr. Michael Ruscio, ND (USA) on SIBO, Lyme and Tickborne Illness |
| 2014 | Speaker, Rotary Club Los Angeles
“The Role of Nutrition in Holistic Model of Care” |
| 2011 | Speaker, California Dietetic Association
“Happy Eating Means Happy Gut”
Understanding the role of micro-nutrients in a clinical setting and the components for a whole-person approach when dealing with a multidimensional case, Los Angles |
| 1996 | Recycling Facts
A public educational presentation to promote ways to save the Earth
Various neighborhood meetings, Los Angeles |
| 1996 | Speaker, Beverly Hills Chamber of Legal Administrators,
Human Resources Section Meeting
“Management of Stress in the Work Environment: Is Everyday a Monday?” |

- 1994 – 1996 Radio Program, Los Angeles
One-hour presentation on Reflux Disease, Helicobacter Pylori, Colon Cancer, and role of nutrition in health and disease
- 1994 City of Hope, Los Angeles
Guest Speaker, fundraising event
“What is New in Digestive Disorders?”
- 1991 Century City Hospital
“All the Gut Feelings,” “Principles of Good Nutrition,”
Good Nutrition for Senior Citizens”
- 1988 Radio Interview, Los Angeles
“Is there a Role for Nutritional Supplements?”
- 1987 Local cable TV, Los Angeles
Discussion: Screening for Colon Cancer