

# CURRICULUM VITAE

## **FARSHID SAM RAHBAR, M.D., FACP, ABIHM**

Board Certified in Internal Medicine & Gastroenterology

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### **EDUCATION**

Medical School 1971-1978	Doctor of Medicine University of Tehran, Iran.
Internship 9/78-6/79	Surgical Residency New Rochelle Medical Center. New Rochelle, NY.
Residency 7/79-6/82	Internal Medicine St. Mary's Hospital. Rochester, NY.
Fellowships 7/83-6/85	Gastroenterology and Nutrition Loma Linda University, Medical Center; Veterans Administration Hospital. Loma Linda, CA.

### **HONORS & AWARDS**

Award for top 1% performance, Medical School.

### **CERTIFICATIONS**

American Board of Internal Medicine (ABIM)  
American Board of Gastroenterology  
Meets Maintenance of Certification, MOC  
American Board of Integrative Holistic Medicine (ABIHM)  
American Board of Anti-Aging, Regenerative and Functional Medicine (A4M)  
Fellowship Trained, Functional Medicine  
Educational Commission for Foreign Medical Graduates (ECFMG)  
Federal Licensing Examination (FLEX)  
Qualified Medical Evaluator (QME), 1994--2001

### **PROFESSIONAL AND SOCIETY MEMBERSHIP**

American College of Physicians, Fellow, FACP  
American Society for Gastrointestinal Endoscopy (ASGE)  
American Gastroenterological Association (AGA)  
American Society for Parenteral & Enteral Nutrition (ASPEN)  
American Academy of Anti-Aging Medicine (A4M)  
American Board of Integrative Holistic Medicine (ABIHM)  
American College for Advancement in Medicine (ACAM)  
Institute for Functional Medicine (IFM)  
Southern California Society for Gastrointestinal Endoscopy (SCSGE)

### **TEACHING & ACADEMIC APPOINTMENTS**

1985 – 1991	Clinical Instructor in Medicine. Loma Linda University.
1991 – 2005	Teaching attending for Metabolic Support Team (MST) Cedars-Sinai Medical Center
1989 – 2015	Teaching attending for GI Endoscopy Rounds & GI Clinic Cedars-Sinai Medical Center

## **HOSPITAL APPOINTMENTS AND COMMITTEE MEMBERSHIPS**

1997 – 2006	Research Committees Investigational Review Board Century City Hospital, Los Angeles
1993 – 1995	Chief of Gastroenterology Century City Hospital, Los Angeles
1991 – 1995	Member of Department of Medicine Committee Century City Hospital, Los Angeles
1991 – 1994 2000 – 2001	Member of Nutrition Advisory Committee Cedars-Sinai Medical Center
1990 – 2006	Advisor to Nutrition Department Century City Hospital, Los Angeles
1985 – 1986	Member, Nutrition Advisory Committee Loma Linda University Medical Center
2015 – 2017	International Lyme and Associated Diseases Society (ILADS) Member of the Board and Educational Committee

## **CLINICAL PRACTICE AND SPECIAL INTERESTS**

In private practice since 1986 in Century City, Beverly Hills

- Consultative Gastroenterology
- Internal Medicine
- Liver Disease and Inflammatory Bowel Disease (IBD)
- Clinical Nutrition
- Occupational and Environmental Illnesses in relation to GI illness
- Lyme & Tick-Borne Diseases
- Preventive & Functional Medicine
- Toxic Exposure and effects on the GI system
- Medical-Legal Services, AME
- Clinical Research

## **HOSPITAL AFFILIATION**

Cedars-Sinai Medical Center, Los Angeles

## **PUBLICATIONS**

"Association of Presenting Symptoms With Abnormal Laboratory Values for Vector-Borne Illness - Experience in an Urban Gastroenterology Practice." Journal of Patient-Centered Research & Reviews, Published January, 2021.

"Guidelines for the Use of TPN in Cancer Patients." Nutrition Notes, A publication of Cedars-Sinai Medical Center, Published December, 1995.

## **MEDICAL PRESENTATIONS**

-**SIBOCON Synergy CME Group, April 2019, Seattle**, SIBO and Related Microbiomes as Biological Markers of Systemic Illness

- **Functional Medicine Group with Dr. Ben Weitz, DC, February of 2019, Santa Monica Library**, Functional Medicine Approach to Inflammatory Bowel Disease - An Overview

- **A4M (American Academy of Anti-Aging Medicine), September 2017 Chicago**, Intestinal Manifestations of Infectious Diseases with Case Reviews (2 hours)

- **A4M (American Academy of Anti-Aging Medicine), September 2017 Chicago**, Small Bowel Bacterial Overgrowth (SIBO) with Case Presentations (1 hour)

-**NUNM (formerly NCM) Annual SIBO Conference June 2016**, GI Manifestations and Pattern Recognition in Lyme and Common Tick-Borne Illnesses

-**ILADS Annual Scientific Conference October 2015, Plenary Session**, GI Manifestations and Treatment Options in Lyme and Common Co-Infections, Ft. Lauderdale, FL

-**SIBO Conference, June 2015: Brief presentation on “Difficult to treat SIBO”**, Portland, Oregon.

-**ILADS Conference, May 2015**: “Manifestations and Management of GI Disorders in Lyme and Common Co-Infections”, Augsburg, Germany.

-**UCLA Presentation to Pre-Med Students, February 2015**: “Whole-Person Approach to Digestive Care”

-**Academy of Persian Physicians, June 2013**: “The Role of Intestinal Infections in Digestive Symptoms, Auto Immunity & Food Sensitivities. A Holistic Approach.”

-**Iranian Medical Society Presentation at UCLA Faculty Center, March 2013**: “Intestinal Permeability, The Role of Infections & Food Sensitivities.”

-**Roundtable presentations on Reflux (GERD), IBS, H. Pylori**, Los Angeles 2001, 2002, 2003

-**Advances in diagnostic & therapeutic colonoscopy**, CME, Queen of Angels Med. Center, Los Angeles 2001

-**New Advances in Acid-Peptic Disorders**, roundtable presentation, Los Angeles 1999

-**Century City Hospital** – Weekly cancer conference (frequent presentation of case studies), current.

-**Cedars-Sinai Medical Center** – (Informal) Case presentations at weekly Inflammatory Bowel Disease Conference and Hepatology Conference, 1995 – 2015

-**Review and update on Helicobacter Pylori**, Academy of Persian Physicians, Santa Barbara, CA, 1998.

-**A Symposium on Surgical and Medical Malpractice**, Los Angeles, 1998.

-**Gastroesophageal Reflux Disease (GERD), New Therapies**, Los Angeles, 1997.

-**An Overview of Digestive Disorders**, Los Angeles Rotary Club, 1997.

-**Gastroesophageal Reflux Disease (GERD), A Forum on Complications**. Los Angeles, 1997.

-**New therapies for Duodenal Ulcer Disease**, Academy of Persian Physicians, Palm Springs, CA, 1996.

-**Guidelines for the use of TPN in Cancer Patients**. Cedars-Sinai Medical Center, Metabolic Support Team (MST), 1995. Update on

-**Peptic Ulcer Disease**. Iranian Medical Society, CME presentation, 1995.

-**Trace Elements and TPN**. Cedars-Sinai Medical Center, Medical Grand Rounds, 1991.

-**Medical Treatment of Gallstones**. Iranian Medical Society, CME presentation, 1990-91.

-**Methods for Nutritional Assessment**. Century City Hospital CME presentation, 1988.

-**Management of GI bleeding**, Century City Hospital 1987.

### Loma Linda University (1983-1986)

Upper GI Bleeding, Aortic Aneurysm and Other Causes

Liver Disease in Pregnancy

Gastric Lymphoma

Bacterial Overgrowth in Elderly

Portal Hypertension

Management of Perianal Crohn's Disease

Nutritional Assessment

Scleroderma and the Gut

Unusual Causes of Extrahapatic Biliary Disease

Diarrhea in Immune-Compromised Host

Primary Sclerosing Cholangitis, PSC

Hepatitis B, Biology and Treatment

Journal Club Presentations

## CIVIC ACTIVITIES: MEDICAL & NON-MEDICAL LECTURES

2018	Podcast with Dr. Ben Weitz on IBD
2017	Podcast with Dr. Nirala Jacobi MD (Australia) on SIBO and Lyme & Mold Illness
2016	Podcast with Dr. Michael Ruscio, ND (USA) on SIBO, Lyme and Tickborne Illness
2014	Speaker, Rotary Club Los Angeles “The Role of Nutrition in Holistic Model of Care”
2011	Speaker, California Dietetic Association “Happy Eating Means Happy Gut” Understanding the role of micro-nutrients in a clinical setting and the components for a whole-person approach when dealing with a multidimensional case, Los Angeles
1996	Recycling Facts A public educational presentation to promote ways to save the Earth Various neighborhood meetings, Los Angeles
1996	Speaker, Beverly Hills Chamber of Legal Administrators, Human Resources Section Meeting “Management of Stress in the Work Environment: Is Everyday a Monday?”
1994 – 1996	Radio Program, Los Angeles One-hour presentation on Reflux Disease, Helicobacter Pylori, Colon Cancer, and role of nutrition in health and disease
1994	City of Hope, Los Angeles Guest Speaker, fundraising event “What is New in Digestive Disorders?”
1991	Century City Hospital “All the Gut Feelings,” “Principles of Good Nutrition,” Good Nutrition for Senior Citizens”
1988	Radio Interview, Los Angeles “Is there a Role for Nutritional Supplements?”
1987	Local cable TV, Los Angeles Discussion: Screening for Colon Cancer